

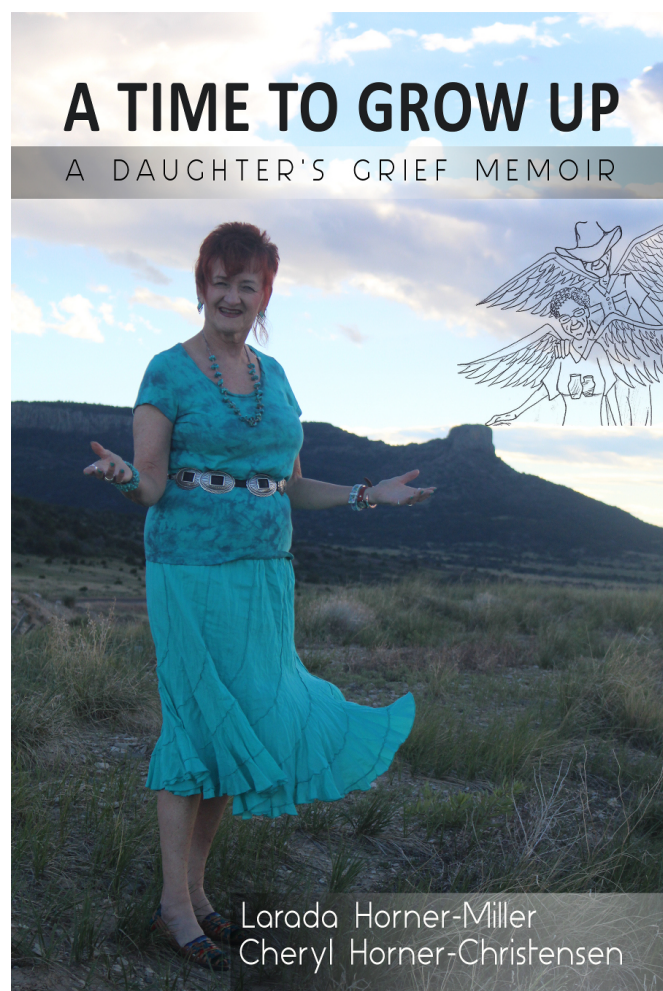
A TIME TO GROW UP: A DAUGHTER'S GRIEF MEMOIR

When Larada Horner-Miller's father died in 1996, her mother told her, "Everyone grieves in their own way."

Horner-Miller took these words to heart when her mother passed away in 2013. She discovered that writing poetry was the best way of working through her fresh grief. Eventually she penned dozens of intimate, heartfelt poems about her parents' lives and legacies and her deep sorrow and gradual recovery. Now she has gathered those verses into her first collection, *A Time to Grow Up*.

Horner-Miller discusses the emotional challenges of caring for her parents at the end of their lives. Her words will strike a chord with any worried caretaker or child watching over ailing but fiercely independent loved ones.

As Horner-Miller explores the nuances of bereavement through her poetry, she provides inspiration and comfort for readers coping with the same burdens. While many of her poems explore the depths of her anguish, others exude humor and warmth—a reminder that there is still always light in the world.



~ A Time to Grow Up: A Daughter's Grief Memoir

~ Larada Horner-Miller;

Illustrator: Cheryl Horner-Christensen

~ Createspace.com

~ ISBN: 9780996613329

~ Number of Pages: 412

~ Illustrations: 10 black and white

~ Size: 6 X 9

~ Bar Coded: Yes

~ Price: \$19.95



In addition to *A Time to Grow Up*, Larada Horner-Miller is the author of *This Tumbleweed Landed* and *When Will Papa Get Home?* Both were finalists for the 2016 New Mexico–Arizona Book Awards.

Horner-Miller received a bachelor's degree in English, with a minor in Spanish, and a master's degree in education, with a specialty in integrating technology in the classroom. She spent thirteen years as a beautician and twenty-seven years as an educator. She now comanages her family ranch with her brother.

Horner-Miller lives in Tijeras, New Mexico, with her husband, Lin, and cat, Jesse.

<https://www.larada.wix.com/author>